



# HEALTH AND WELLNESS

Working with you, for a healthier tomorrow

*Health goes hand in hand with wealth. NWTF continues to provide wellness services to its clients and the communities that it serves, ensuring a healthier life for everyone in the Dunganon family. A healthier tomorrow would mean another day of opportunity for NWTF clients to provide for their family and improve their lives.*

## OUR WORK

**Medical missions** are conducted many times in a year to give our clients and their families access to medicines, medical check-ups and many more.

In 2019 alone, we organized over 800 medical missions across all areas where we work, with focus on rural parts since they are more vulnerable and have limited access to these services.

It is the poor and the vulnerable that suffers the most during a health crisis. This is why NWTF through all its efforts is determined to educate and help its clients and their families in staying healthy.

NWTF believes that taking care of one's health is one of the first steps in improving one's life.



Medical Missions



Public Fora

**Public fora** on nutrition, backyard farming, and healthy lifestyle go side by side with the medical missions, all for the purpose of taking care of the health needs of the clients and the communities in general.

NWTF's employs a holistic approach in delivering its health services. Medical missions are there to address the current health state of the clients while educating the clients through public fora on nutrition and backyard farming establishes and promotes sustainable healthy lifestyle.

# Partnerships



**Dental Extraction**



NWTF believes in the power of **partnerships**. Over the years, the organization has partnered with volunteer doctors, dentists, laboratories and pharmacies to work with us in creating a healthier tomorrow for our clients and the communities we continue to serve.



**Free medicine**



NWTF has now partnered with over 70 doctors in areas where we work, majority of which have clinics that our clients and their families can go to for free check-ups.

With limited access to medicines, it is always a challenge for our clients to secure what they need. Thus, in order to address this need, NWTF have partnered with several pharmacies to offer discounts to our clients and their families.



**Volunteers**



Undergoing lab tests are also expensive, thinking of our clients and their families had compelled the organization to find ways to help lessen their expenses and would encourage them to get tested to address health concerns before it becomes worse. Hence, NWTF partnered with select laboratories.

These partnerships have immensely helped the organization in bridging health care needs and allowed our clients access to these free wellness services.





**OUR  
MISSION**

Our mission is to provide wellness services to our clients and the communities that we serve, compelling them to work with us in ensuring a healthier life. We value the importance of the health of each one as we cannot deny how illnesses can affect our clients, financially, physically and emotionally. Hence, we remain committed to ensure our clients receive the healthcare they deserve.



2019 FIGURES



**345,468**  
clients served at  
**MEDICAL  
CAMPS**

**DUNGGANON MEDICAL PARTNERS**

<b>143</b>	<b>132</b>	<b>146</b>
Pharmacies	Laboratories	Clinics

# Dealing with Covid-19 Pandemic

2020 is such a challenging year for every one, but NWTF's drive in serving its clients has remained steadfast. Although movements were limited and restrictions were placed all over the country. The organization has found ways to provide services to the clients.

Despite the dangers of the Covid-19 pandemic, NWTF continued delivering healthcare services to its clients. Wearing of PPEs and social distancing are observed during medical missions to ensure the safety of both NWTF staff and clients. Another initiative, telemedicine, was started to address concerns on the client's lack of access to medical consultations due to the rising number of Covid-19 cases.



One of NWTF's medical missions held in Bago City, Negros Occidental, Philippines. It included medical check-ups, circumcisions and dental extractions, all free of charge.



NWTF's client wellness team wore PPEs for the whole duration of the medical mission. Following all health and safety protocols in the time of the pandemic is important for NWTF's mission of ensuring both clients and staff are kept safe. Medicines were also given for free.

“ The first wealth is HEALTH. ”  
- Ralph Waldo Emerson

## Telemedicine

**Telemedicine** is a form of consultation done through virtual messenger or phone call, and was established to cater the healthcare needs of the clients and their families for free, especially in these times. The NWTF's Client Wellness Team and medical partners work together in implementing this initiative.

In 2021, over 170,000 individuals were catered via NWTF's Telemedicine initiative. While more than 100,000 benefited from the medical missions. All of these efforts are geared towards serving the clients regardless of the hardships brought by the pandemic.